

Week One:

**NOSCHOOL TODAY!
ENJOY!**

**Chicken Nuggets
Steamed Rice
Steamed Broccoli
Choice of Fruit
Low Fat Milk**

**Beefaroni
Italian Vegetables
Whole Grain Roll
Choice of Fruit
Low Fat Milk**

**Cheese Pizza
Mixed Vegetables
Choice of Fruit
Low Fat Milk**

**Chicken Fillet on Bun
Black Beans
Sweet Potato Fries
Choice of Fruit
Low Fat Milk**

2

3